

CHARACTER TRAITS

GRADE
PK/K

LEARNING OBJECTIVES

The purpose of this lesson is to identify what positive character traits are and what qualities someone with good character has.



LESSON CONTENT

Character describes the positive qualities that people possess and consistently show over time. Character traits such as honesty, integrity, kindness, helping, and hard work help us in our well-being. Having the character to do small things can result in big outcomes.

STRATEGIES

- Be honest, no matter what.
- Work hard and help out.
- Be kind and include others.

CONVERSATION STARTERS

- What are some of your character strengths? What makes you a good person?
- What qualities do you look for in a good friend? How are your character strengths the same and different from your friends?
- Who is someone that sets a good example for you? How do they do that?

EXTENDING THE LEARNING

- After watching your favorite movie or tv show, discuss the character strengths and weaknesses that you observe in the characters. Who in the story would you want to be like? Why?
- Draw a self-portrait. Label yourself with your top character strengths.