

LEARNING OBJECTIVES

The purpose of this lesson is to celebrate and learn from people who embody positive character traits.



LESSON CONTENT

To have character is another way of saying that someone is a good person who lives by their values. People of character do the right thing, even when no one is watching. Some positive character traits include perseverance, kindness, and bravery.

STRATEGIES

- Be aware; notice good acts.
- Point out the positive.
- Celebrate others' good deeds.

CONVERSATION STARTERS

- What character strengths do you want to develop in your life?
- What are some steps you can take to develop these traits?
- Who is someone that you admire? What are some of their character strengths? How can you tell?

EXTENDING THE LEARNING

- As a family, think of someone who exemplifies strong character. Create a card or note for them. Consider baking cookies. Deliver the card and treat to them to say thank you.
- Organize a Wax Museum with your family. Each family member researches and dresses up as a person with strong character. Make it a fun night of sharing.